



**RELATIONSHIPS AND SEX EDUCATION (RSE) POLICY**  
May 2021

## **Broad Oak Primary School Relationships and Sex Education (RSE) Policy (Draft)**

Broad Oak Primary School is a Rights Respecting School, any articles from the UN Convention on the Rights of the Child which apply to this policy are detailed below.

### **Article 2**

The Convention applies to every child without discrimination, whatever their ethnicity, gender, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

### **Article 16**

Every child has the right to privacy. The law should protect the child's private, family and home life, including protecting children from unlawful attacks that harm their reputation.

### **Article 24**

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

### **Article 28**

Every child has the right to an education. Primary education must be free and different forms of secondary education must be available to every child. Discipline in schools must respect children's dignity and their rights. Richer countries must help poorer countries achieve this.

### **Article 29**

Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

### **Article 34**

Governments must protect children from all forms of sexual abuse and exploitation.

### **Article 36**

Governments must protect children from all other forms of exploitation, for example the exploitation of children for political activities, by the media or for medical research.

## Introduction – School Setting

Broad Oak Primary School is a community primary school situated in Didsbury for pupils aged between 3-11 years. The school serves a diverse mix of children and families. 27% of pupils speak English as an additional language (EAL), 12% of pupils are entitled to a free school meal and 16% of pupils are identified as having a Special Educational Need or Disability (SEND). The school will ensure that Relationships and Sex Education (RSE) will meet the needs of all pupils in accord with,

**Article 2:** 'The Convention applies to every child without discrimination of any kind, irrespective of the child's or his or her parent's or legal guardian's race, colour, sex, language, religion, political, or other opinion, national, ethnic or social origin, property, disability, birth or other status.'

## Rationale and Legal responsibility

This policy ensures the requirements of the National Curriculum 2014 for Science, the non-statutory framework for Personal, Social and Health Education (PSHE) and Citizenship at Key Stages 1 and 2 and the compulsory expectation Relationships and Sex Education (RSE) as of September 2020. The policy was developed in consultation with staff and governors of the school. It is intended to be used as an outline to the guiding principles of how RSE is taught at Broad Oak.

## Vision, Values and Ethos

'Broad Oak Primary School delivers the very best educational experience with a dynamic and motivating curriculum to excite all minds. All of our teaching and learning is underpinned by our core values: **Attitude, Behaviour, Friendship, Courage, Determination, Enthusiasm, Resilience.**'

The policy has been written to support the school's Vision and Aims and the following statements regarding Relationships and Sex Education:

- Through RSE, Broad Oak Primary School supports children to become global citizens equipped with the knowledge and the skills for a rapidly changing world, understanding the inter-dependence of individuals, groups and nations.
- The RSE curriculum will be taught through a caring, supportive learning environment where there is equal opportunity regardless of gender, race, culture, disability, or social standing.

## Definition of RSE

RSE is

*'learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in Science, and others are taught as part of Personal, Social, Health education (PSHE). A comprehensive programme of RSE provides accurate information about the body, reproduction, sex and sexual health. It also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline.'*

## Aims

The overall aim of RSE is to foster a positive notion of lifelong learning about physical, moral and emotional development, including how to look after physical and mental health. It aims to support the development of self-respect and empathy for others and promotes the development of skills and understanding necessary to manage conflict peaceably and learn how to recognise and avoid exploitation and abuse.

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## Objectives

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils self-esteem and confidence, especially in their relationships with others
- To understand the importance of safe and stable relationships that promote respect, love and care
- To help pupils develop skills (language, decision making, choice, assertiveness, resilience) and make the most of their abilities
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support
- To develop skills for a healthier safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To develop resilience and positivity when responding to influences that may affect body image
- To reinforce and develop pupils' understanding of how to stay safe online
- To respect and care for their bodies
- To be prepared for puberty and adulthood
- To respond to the needs of pupils and parents/carers by providing accurate knowledge of sexual matters at a level suitable to each child's age and understanding, dispelling myths and addressing misunderstandings.
- To foster an understanding and acceptance that relationships can be formed in diverse and varied ways, for example, between people of the same gender.
- To understand that families take on many forms and to be sensitive about the families of those around them

## Teaching and delivery of the curriculum

RSE will be delivered by teaching staff that are trained, able in the planning, delivery and assessment of the RSE curriculum, equipped to handle sensitive issues and able to answer both pupil and parent questions. External healthcare professionals will be used to enhance the teaching of RSE.

## The RSE curriculum

From June 2021, RSE lessons will follow the primary 'I matter' curriculum.

## Evaluating and monitoring learning

To ensure that the curriculum content and teaching is effective, the delivery of RSE will be assessed and evaluated in the classroom.

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The implementation of the RSE curriculum will be monitored through observation, staff and pupil voice. Pupil voice activities may include 'draw and write' activities, surveys, pre- and post-topic mind maps, evaluation sheets and discussion.

## **Confidentiality and Child Protection Issues**

A child's confidentiality may not always be maintained by the teacher or member of staff concerned. RSE discussions or lesson content may prompt a pupil to disclose about related incidents. For example, Female Genital Mutilation (FGM), forced marriage, child exploitation or abuse. If this occurs, or a member of staff believes that the child is at risk of harm or has concerns about any information disclosed, the staff member must inform the named Designated Safeguarding Lead and follow the procedure set out in the Safeguarding/ Child Protection Policy.

## **Links with other policies**

PSHE Policy

Safeguarding/Child Protection Policy

Behaviour Policy

Equality Policy

Anti-bullying Policy

Relationship and Sex Education Guidance – DfE (2019)

Health and Safety Policy

## **Equal Opportunities**

This policy will ensure that the curriculum is delivered in accordance with the guidance of the Equality Act 2010. Please refer to the link below for more information:

<https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools>

Broad Oak is committed to ensuring that issues are taught in a way that does not subject pupils to discrimination. Teaching will be accessible to all children, including young people who are lesbian, gay, bisexual and transgender (LGBT) and respect how pupils choose to identify themselves both in terms of gender and sexual identity.

## **Right of Withdrawal**

Broad Oak Primary school will inform parents when aspects of the Sex Education programme are taught and will provide an opportunity for parents to view a sample of the resources used in lessons.

Parents have the right to withdraw their children from those aspects of Sex Education that are not included in the Science Curriculum. Parents will be notified in advance of any Sex Education teaching and informed of how they can withdraw their child if they choose to. Alternative work will be set for children who have been withdrawn from these lessons. Relationships Education is a statutory part of the school's curriculum and, consequently, parents may not withdraw pupils from these lessons. However, in view of the cross curricular nature of the school's teaching, it is impossible to guarantee that any child will be excluded from discussions of RSE matters which may arise outside specific sex education lessons.

Parents need to be aware that RSE can occur at any time if it arises naturally from class discussion. The school strongly encourages parents to support the school in the teaching of RSE.

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If a parent/carer wishes to withdraw their child from aspects of RSE curriculum they should complete the request for withdrawal form (Appendix 3) making it clear which aspects of the programme they wish their child to be withdrawn from.

### Review of this policy

This policy is reviewed at least every two years and also in the light of any related issue that may occur such as any new findings arising from educational research, local or national guidance.

### APPENDIX 1a: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 1)

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

Lesson overview

Date	Lesson objective	Learning outcomes
	To learn about the people in my life that care for me and love me.	<ul style="list-style-type: none"> <li>✓ Identify the important relationships in my life and those that provide love</li> <li>✓ Describe a family and understand that all families are special and different</li> <li>✓ Recognise the different ways our that people care for us and how we can care for them in return</li> </ul>
	To learn about the similarities and differences between themselves and other people.	<ul style="list-style-type: none"> <li>✓ Identify similarities and differences in people</li> <li>✓ Recognise that we are all equal and that it is acceptable to be different</li> <li>✓ Respect and value difference</li> </ul>
	To learn about the similarities between boys and girls.	<ul style="list-style-type: none"> <li>Describe similarities and differences between ourselves and others</li> <li>✓ Name the main parts of the body</li> <li>✓ Name body parts including male and female genitalia</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

**APPENDIX 1b: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 2)**

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

Lesson overview

Date	Lesson objective	Learning outcomes
	To learn about what parts of our bodies are private.	<ul style="list-style-type: none"> <li>✓ Recognise I have the right to protect my body from inappropriate or unwanted contact</li> <li>✓ Label the parts of the body that are private</li> <li>✓ Explain who they would speak to if their privacy was not respected</li> </ul>
	To learn about the body and the human life cycle.	<ul style="list-style-type: none"> <li>✓ Recognise how all living things including humans start life as babies</li> <li>✓ Identify key stages in the human life-cycle (baby, child, adult)</li> <li>✓ Explore how I have changed since I was a baby</li> </ul>
	To learn about what we mean when we use words such as fair, unfair, kind and unkind.	<p>Recognise when something is unfair or unkind.</p> <ul style="list-style-type: none"> <li>✓ Recognise what is fair and kind behaviour, including recognising and responding to someone feeling lonely.</li> <li>✓ Describe how to respond if someone was being unkind and who to tell about this.</li> <li>✓ Give examples of kindness and unkind behaviours</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

## APPENDIX 1c: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 3)

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

Lesson overview

Date	Lesson objective	Learning outcomes
	To learn about what is meant by personal space.	<ul style="list-style-type: none"> <li>✓ List reasons why touch is important</li> <li>✓ Describe what kind of physical contact is acceptable or unacceptable.</li> <li>✓ Describe how to respond to unwanted contact.</li> <li>✓ Define what is personal space and personal boundaries.</li> </ul>
	To learn about what a healthy relationship looks like and what skills are required to maintain a relationship.	<ul style="list-style-type: none"> <li>✓ Recognise different types of healthy relationships</li> <li>✓ Describe what makes a relationship unhealthy</li> <li>✓ Understand how to develop positive relationships, including recognising and responding to someone feeling lonely.</li> <li>✓ Identify who to talk to if worried and require support</li> </ul>
	To learn about the importance of equality.	<ul style="list-style-type: none"> <li>✓ Listen to others and respond or challenge other views appropriately</li> <li>✓ Define the meaning of respect in relationships and the importance of working with others collaboratively</li> <li>✓ Understand the importance of respecting other people's feelings</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

Attitude

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## APPENDIX 1d: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 4)

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

### Lesson overview

Date	Lesson objective	Learning outcomes
	To learn about the importance of diversity and celebrating difference.	<ul style="list-style-type: none"> <li>✓ Identify similarities and differences between people.</li> <li>✓ Recognise diversity within our communities</li> <li>✓ Describe different groups to which we are part of in our communities.</li> <li>✓ Demonstrate respect for difference and communicate this to others</li> </ul>
	To learn about the roles played by boys and girls.	<ul style="list-style-type: none"> <li>✓ Identify simple gender stereotypes</li> <li>✓ Define the meaning of the words 'stereotype' and 'discrimination'</li> <li>✓ To reflect on what we feel about difference and that different things contribute to our identity</li> <li>✓ Challenge stereotypical thinking</li> </ul>
	To learn about the changes that happen to my body when I become an adult and how to maintain my personal hygiene.	<ul style="list-style-type: none"> <li>✓ Label the main parts of the body and how it differs for boys, girls, men and women.</li> <li>✓ Describe key body changes when men and women become adults</li> <li>✓ Explain key steps required to maintain personal hygiene into adulthood.</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

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## APPENDIX 1e: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 5)

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

### Lesson overview

Date	Lesson objective	Learning outcomes
	To learn about puberty and what it means for me.	<ul style="list-style-type: none"> <li>✓ Label the main parts of the body, including genitalia.</li> <li>✓ Describe how children change into adults so that they are able to reproduce and puberty is part of this process.</li> <li>✓ Define puberty and list physical and emotional changes that happen to boys and girls during puberty.</li> <li>✓ Describe how periods affect girls both physically and emotionally</li> <li>✓ Explain the steps required to look after my body during puberty and how to manage my personal hygiene.</li> </ul>
	To learn about the different relationships in my life.	<ul style="list-style-type: none"> <li>✓ Identify different relationships in my life, including different types of family.</li> <li>✓ Recognise the difference between good and bad secrets</li> <li>✓ Describe what a healthy relationship looks like.</li> <li>✓ Understand the feelings of others and how to respond to this, such as being lonely/ excluded</li> <li>✓ Identify who I would approach for help</li> </ul>
	To learn about unwanted touch and where to find support if I need it.	<ul style="list-style-type: none"> <li>✓ Recognise that my body belongs to me and recall how to protect my body.</li> <li>✓ Describe inappropriate and appropriate touch</li> <li>✓ Explain the right to privacy and where on my body is private</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

Attitude

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## APPENDIX 1f: Broad Oak Primary letter to parents explaining the timing and content of lessons (Year 6)

Dear Parent(s)/Carer(s),

As part of the school's Personal, Social and Health Education programme, your child will soon receive Relationships and Sex Education (RSE). This will include a unit of lessons on self-esteem, healthy relationships, personal safety and growing up.

### Lesson overview

Date	Lesson objective	Brief description of content
	To learn about how responsibilities, rights and duties are part of our lives now and how they will change in the future	<ul style="list-style-type: none"> <li>✓ Identify how as we grow and change, we have increased independence and responsibilities</li> <li>✓ Describe how to keep safe with increased independence</li> <li>✓ Explain why I have more responsibilities as I grow older</li> <li>✓ Identify reasons why transition may be challenging</li> </ul>
	To learn about how a loving relationship might result in marriage and what is meant by 'forced marriage'.	<ul style="list-style-type: none"> <li>Identify the positive qualities and expectations for different relationships</li> <li>✓ Describe different types of relationship, including marriage</li> <li>✓ Explain the similarities and differences between friendships and intimate relationships</li> <li>✓ Define forced marriage</li> </ul>
	To learn about reproduction.	<ul style="list-style-type: none"> <li>✓ Define the term reproduction</li> <li>✓ Label the male and female body parts associated with conception and pregnancy</li> <li>✓ Identify what sexual intercourse is and explain that this may be one part of an intimate relationship between consenting adults</li> <li>✓ Explain that a baby is made when a sperm (male) meets an egg /ovum (female) and then the fertilised egg settles into the lining of the womb (female)</li> <li>✓ Describe what pregnancy is, where it occurs and how long it takes in a human</li> </ul>

The purpose of the upcoming unit is to provide your child with the knowledge and skills to keep them safe in the modern world. The unit will develop attitudes which will help pupils form relationships in a responsible and healthy manner, based on love and respect.

Research shows that if pupils are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adulthood with confidence, understanding what is happening to them, and hopefully grow into confident, healthy adults able to make positive choices.

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### Appendix 3 Request form: withdrawal from Sex Education

Pupil Details:

<b>Pupil Name:</b>	
<b>Class:</b>	

Details of lesson(s) you are requesting your child to be withdrawn from:

<b>I wish to withdraw my child from the lessons below:</b>

<b>Any additional comments regarding your decision to withdraw from these lessons:</b>

I am requesting my child is withdrawn from this content, against the advice of the Department for Education's recommendations. I am aware that I no longer have the right to withdraw my child from Relationships & Health Education which has been statutory since September 2020.

**Parent/ Carer Name  
(print):**

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**Signed:**

**Date:**

\_\_\_\_\_

